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Andrew Ge Holt

Author Bio

Andrew Ge Holt is a visionary educator, author and speaker who loves to create supportive safe space for children to make and investigate their hearts desire.

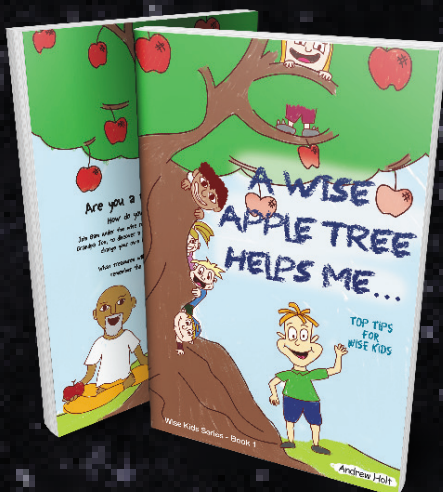
A primary school teacher, yoga teacher, and mindfulness trainer, Andrew has travelled the world working with parents and children from many different cultures. With a kid's sense of adventure, he's explored the deserts and gorges of Australia, the dark jungles of Indonesia, the ancient Himalayan mountains of India and Nepal, and the rolling grasslands of Africa.

Along this journey he discovered that children need a continued space to explore and express their interests with tools to support the ups and downs along the way.

Andrew's mission is to share a few helpful tips for the next generation's journey (alongside reminding this generation too) as he promotes 'SPACE where kids' wisdoms and leadership can shine. And, to have as much fun as he can while doing so. He incorporates this vision into the growing, Wise Kids Book Series as well as the Wise Kids Wizards Quest workshops.

His first book in the Wise Kids Series, *A Wise Apple Tree Helps Me: Top Tips for Wise Kids*, with themes of mindset, focus, resilience and being grounded was released in September 2015 with positive feedback from a wide section of society; from counsellors, teachers, parents, children, doctors and social workers to name a few.

This second book *A Wise Water World Inspires Me: Top Tips for Wise Water Kids* (2018), continues with empowering questions around the themes of emotions, water and going with the flow.



Book Bio

A Shooting Star is a heartfelt, empowering book and movement that deepens relationships, through seeing and acknowledging a child, in classrooms and in homes. Children are empowered through a fun action when they are given the space and power to do the same thing.

Not just an ordinary book. This is a book that supports a movement, that creates an evolutionary change that supports children, merging cultures and thriving in the classroom and home.

In a world of distraction, where negativity, bullying, dobbing and social media demand our attention, this book helps create not only balance, but an inner and outer investment that is a foundation for wellbeing and mental health for years to come.

We are the change we are waiting for and this movement provides a framework where adults can support the next generation to be the change we want to see in the world.

A SHOOTING STAR

Empower your world with one simple kind act.



18 YOUNG ARTISTS

ANDREW GE HOLT

Book Benefits

This book has far and wide many benefits that provides the space and opportunity to embed a process to enhance mental health and wellbeing. Here are just a few of the ongoing benefits:

- a framework that supports adults and children to be seen and acknowledged for the qualities we wish to see in each other,
- a simple system that is easily integrated in the classroom or home developing deeper positive parent-teacher-child relationships,
- early mental health foundation practice,
- adds to a positive culture of feelings of belonging,
- helps balances overly negativity focus and thinking,
- enhances feelings of self-worth,
- develops leadership qualities,
- embodies values,
- develops and builds character,
- fosters self and social awareness,
- positive psychology based,
- an antidote to bullying and victim behaviours,
- is embodied through a fun, playful, easy and simple action,
- creates new neural pathways.



Testimonials



What an exceptional idea and team of illustrators you have right here in A Shooting Star!

These star qualities are beautifully crafted into a delightful book that raises the important message about celebrating our collective strengths. It is just the right time to deliver this message to people, families, communities, and cities around the world.

Congratulations to you and your amazing team!

—Sue Laflamme Experienced Educator, Canberra ACT

It is easy to endorse this educative book Shooting Star. It is not an ordinary book. It is rare to see a teaching tool with intriguing nuance. This book has the capacity to transcend boundaries between the learning process and the moral realm for children and early development. Under the auspice of this learning program children become the agents of change within their environment, creating the change they would like to see in their learning community.

—Dr Cindy Ahearn, School Principal , Nganmarriyanga School, Northern Territory

A Shooting Star' is an absolute gem! Andrew's latest book weaves magic for primary aged children and provides opportunities for parents and educators to inspire and empower the shooting stars in their own backyards. Congratulations Andrew and thank you for continuing to inspire our young people and instill within them a love for reading a love for learning and a passion for life!



—Claire Kelly School Principal and Educational Leader.
Numurkah Secondary College, Victoria

I Like how it is two-way acknowledgement'

—Asifiwe, 15 years, Tanzania Africa.

I liked the giving and throwing the shooting stars to everybody!

—Amálka, 6 years, Czech Republic

The shooting star story is one of heart felt inspiration. A story of how to give love and receive love in flow. The simplicity of it is that it is FREE.

—Tianah, 13 years, Queensland, Australia

Target Audience

- * Parents
- * Fosterparents
- * Grandparents
- * Teachers
- * Primary schools
- * Counselors
- * Wellbeing officers
- * Mental health advocates



Book Excerpt

‘Imagine each one of us painting our own picture by believing and following in our dreams to shine bright like these stars too! Wouldn’t that be amazing?’ Grandma Flo asked.

—Page 12

Soon, a magical thing started to happen. The Shooting Star Challenge created the shooting star effect of giving and receiving good news stories. People’s star qualities began to spread across her class, school, and the whole town.

—Page 30



Interview Questions

1. What inspired you to write the book?
2. What is the book's main message?
3. Who would benefit from reading *A Shooting Star*?
4. What was it like to collaborate with 18 illustrators around the world?
5. What is next for 'A Shooting Star'? What is your vision?
6. Have you written other books?
7. Would it be easy for me to implement this at home and/or in the classroom?
8. How can others get involved?
9. What has been the greatest challenge in making *A Shooting Star*?
10. How can your readers be more like the children in this story?



Contact

This unique book has been a collaborative process with creating space for 18 child illustrators from around the globe (Indonesia, Tanzania, Solomon Islands, Australia, Germany, England and the Czech Republic) to be seen and acknowledged for their artwork.

The opportunity exists for schools and communities to create space for artists from their community to illustrate their own local version of *A Shooting Star* – Empower your world with one simple kind act. The message is then enhanced, a sense of community bonding grown and the movement of kindness is spread further. Please contact Andrew if your interested in empowering a positive change in our community.

Book Launch

A Shooting Star – Empower the world with one simple kind act.
Children's Book launch with 18 children from around the world!

Date: Saturday 17th April, 2021

Time: 2—3:30 pm with book signings continuing till 4 pm Venue:
Buderim Ginger Factory, 50 Pioneer Road, Yandina

Contact Andrew for bookings

Email: aholty@gmail.com

Phone: 0427509206 (call after 3:30 pm)

Facebook: <https://www.facebook.com/AndrewHoltAuthorEducator>

Instagram: <https://www.instagram.com/andrewgeholt/>

